

SAMPLE

The Harbor
at Lakeway



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Homemade Waffle Egg of Choice Bacon Sausage Cream of Wheat Oatmeal Raisin Bran Bread Selections	Breakfast Tacos Egg of Choice Bacon Sausage Cream of Wheat Oatmeal Raisin Bran Bread Selections	French Toast Egg of Choice Bacon Sausage Cream of Wheat Oatmeal Raisin Bran Bread Selections	Ham & Cheese Omelet Egg of Choice Bacon Sausage Cream of Wheat Oatmeal Raisin Bran Bread Selections	Buttermilk Pancakes Egg of Choice Bacon Sausage Cream of Wheat Oatmeal Raisin Bran Bread Selections	Eggs Benedict Egg of Choice Bacon Sausage Cream of Wheat Oatmeal Raisin Bran Bread Selections	Biscuit & Gravy Egg of Choice Bacon Sausage Cream of Wheat Oatmeal Raisin Bran Bread Selections
Lunch	Tomato Soup Soup Du Jour Garden Vegetable Salad Meatloaf Mahi Mahi w/ Zesty Basil Butter Mashed Potatoes Roasted Brussel Sprouts Fresh Sautéed Vegetables <i>Chef's Choice</i>	Tomato Soup Soup Du Jour Garden Vegetable Salad Salmon w/ Mediterranean Salsa Hot Roast Beef Sandwich Wild Rice Potato Chips Seasoned Mixed Vegetables <i>Chef's Choice Dessert</i>	Tomato Soup Soup Du Jour Garden Vegetable Salad Patty Melt Spanish Style Cod Herbed Couscous Green Beans Mixed Vegetables <i>Chef's Choice Dessert</i>	Tomato Soup Soup Du Jour Garden Vegetable Salad Chicken Caprese Turkey Avocado Sandwich Pasta Salad Green Beans <i>Chef's Choice Dessert</i>	Tomato Soup Soup Du Jour Garden Vegetable Salad Boneless Buffalo Wings Philly Cheese Steak Potato Wedges Carrots and Celery Sticks Steamed Mixed Vegetables <i>Chef's Choice of Dessert</i>	Tomato Soup Soup Du Jour Garden Vegetable Salad Baked Manicotti Italian Mixed Vegetables <i>Tiramisu</i>	Tomato Soup Soup Du Jour Garden Vegetable Salad Eggplant Parmesan on a Bed of Linguine Steak Baked Potato Oven Roasted Vegetables <i>Chef's Choice Dessert</i>
Dinner	Tomato Soup Soup Du Jour Garden Vegetable Salad Creamy Cilantro Lime Chicken Cajun Shrimp Buttered Pasta Red Beans and Rice Mixed Vegetables Stewed Okra & Tomatoes <i>Chef's Choice Dessert</i>	Tomato Soup Soup Du Jour Garden Vegetable Salad Beef Fajitas Chili Verde Chicken Refried Beans Spanish Rice Zucchini, Yellow Squash & Tomato Medley <i>Chef's Choice Dessert</i>	Tomato Soup Soup Du Jour Garden Vegetable Salad Endive & Ham Gratin Chicken w/ Sundried Tomato Cream Sauce Tri-Colored Orzo Fresh Vegetable of the Day Garlic Buttered Broccoli <i>Chef's Choice Dessert</i>	Tomato Soup Soup Du Jour Garden Vegetable Salad Stuffed Pork Loïs Beef Stew w/ Carrots & Potatoes Basmati Rice Fresh Vegetables of the Day Braised Greens <i>Chef's Choice Dessert</i>	Tomato Soup Soup Du Jour Garden Vegetable Salad Pan Roasted Pork Chop Pepper Jack Chicken Roasted Potatoes Succotash Fresh Vegetable of the Day <i>Chef's Choice Dessert</i>	Tomato Soup Soup Du Jour Garden Vegetable Salad Baked Glazed Ham Beef Tip w/ Mushrooms Buttered Corn Sliced Zucchini /Red Peppers Buttered Pasta Roasted New Potatoes Chef's Choice of Bread	Tomato Soup Soup Du Jour Garden Vegetable Salad Chinese Pepper Steak Chicken Fricassee Buttered Noodles Asparagus Fresh Roasted Vegetables <i>July Birthday Cake</i>